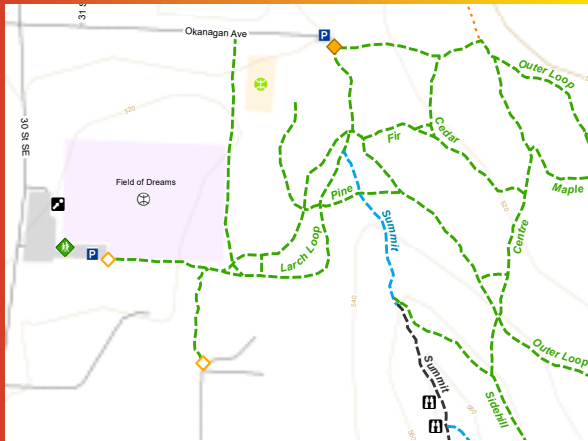


# Show Your Pride Trail Guide

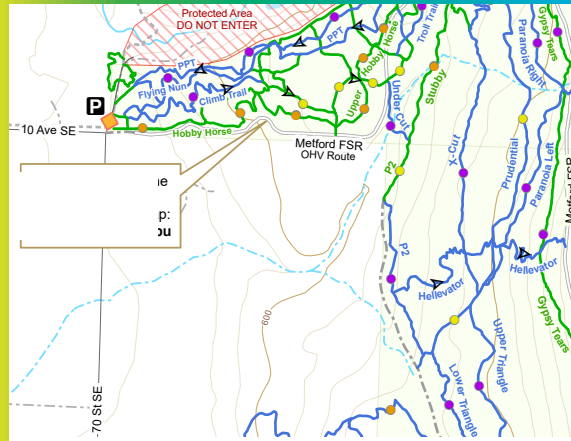
**Little Mountain Guided Walk**  
Saturday, Oct. 23 9:30am



Meet at Little Mountain Fieldhouse parking lot near playground. The walk will be approximately one hour, and is rated for beginners to intermediate. Sturdy shoes are recommended, be sure to bring water and your camera! Sign up at [shuswaptrailalliance.com](http://shuswaptrailalliance.com)

This walk is hosted by Jen Bellhouse (she/her), Executive Director of Shuswap Trail Alliance. Jen is a nature lover with a degree in environmental science, and enjoys spending time in the woods checking out the local flora. Wear your Pride colours and join Jen in the woods to learn a little more about the area.

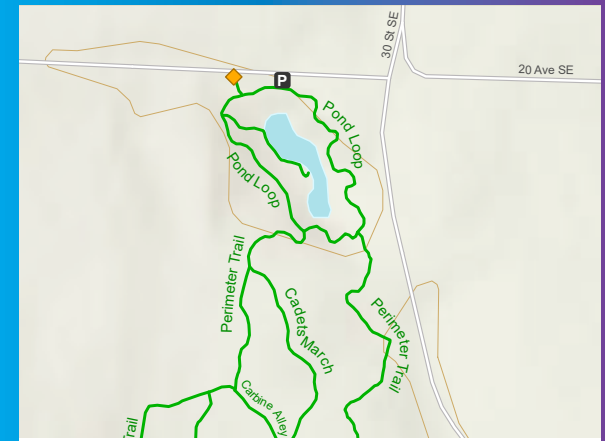
**South Canoe Guided Ride**  
Sunday, Oct. 24 10am



Meet at South Canoe trail parking lot at 6970 - 10 Ave. SE. The ride will be approximately 1.5 hours long, and is for intermediate to advanced riders (comfort on blue trails). You will need a mountain bike, helmet, weather appropriate clothing, snacks and tools. Sign up at [shuswaptrailalliance.com](http://shuswaptrailalliance.com).

This ride is hosted by Adrian Bostock (he/him), Operations Manager at Shuswap Trail Alliance. Adrian is a reformed tree planter who has worked for various mountain bike guiding companies. He looks forward to sharing his passion for mountain biking on this guided ride.

**Cemetery Trails Guided Walk**  
Sunday, Oct. 24 1pm



Meet at the trailhead at the corner of the parking lot, just west on 20th Ave. SE, 160 west from Auto Road SE. The walk will take approximately one hour, and is rated for beginners to intermediate. Sturdy shoes are recommended, and remember to bring water and your camera. Sign up at [shuswaptrailalliance.com](http://shuswaptrailalliance.com).

This walk is hosted by Ariana Sholinder (she/her), UVic biology alum and high school French teacher at SAS Jackson, where she co-sponsors the student Pride club. Ariana takes every opportunity to use her plant ID skills, and appreciates hiking buddies who do not mind the occasional pause to admire a really good leaf.